

# Summit Academy Junior Cheer 2020 Tryout Packet



Email: [summitacademy.juniorcheer@gmail.com](mailto:summitacademy.juniorcheer@gmail.com)  
Website: [summitacademyjuniorcheer.weebly.com](http://summitacademyjuniorcheer.weebly.com)



Monday May 11<sup>th</sup>

Parent meeting – Watch the full “Parent Tryout Meeting” video under the TRYOUTS tab

Clinic 12 <sup>th</sup> and 13 <sup>th</sup>	Tryouts – May 14 <sup>th</sup>
View and learn tryout CHEER and DANCE	Email the following to <a href="mailto:summitacademy.juniorcheer@gmail.com">summitacademy.juniorcheer@gmail.com</a> : In the subject line of the video type “2020 TRYOUT, Cheerleader name and Grade (example 2020 TRYOUT, Alice Anderson, 7th)” 1. Completed tryout packet 2. Videos of: Tryout Cheer, Dance, any tumbling (standing and running) and a toe touch jump 3. Picture of candidate 4. Screen shot or send a copy of your receipt. \$25. Make sure you put “Jr. Cheer” on the online payment. The Credit card link is for all of Summit Academy and we need to track what payments are made for. ( <a href="https://secureinstantpayments.com/sip/cart/event.php?EID=752#Approve">https://secureinstantpayments.com/sip/cart/event.php?EID=752#Approve</a> )

Teams will be posted to: [summitacademyjuniorcheer.weebly.com](http://summitacademyjuniorcheer.weebly.com) May 15<sup>th</sup>

## IF YOU MISSED TRYOUTS, EMAIL COMPLETED TRYOUT INFORMATION BY JUNE 1st

### TRYOUT GUIDELINES

- Hair pulled back; we must see your face (ponytails)
- No gum, acrylic nails, or jewelry (nails must be short)
- Candidates must have stomachs, bums and chest area always covered
- Comfortable lace up shoes should always be worn
- Wear dark bottoms and a white (or light colored) fitted top the day of the tryout (May 6th)

## TRYOUT CLINICS, PROCEDURES AND OBJECTIVES

- A panel of judges consisting of cheer coaches will judge your tryout videos. Candidates will go over and will be judged on: Jumps, Cheer, Basic Tumbling and a Dance.

## TRYOUT PACKET INFORMATION

The following forms are to be completed and emailed with all tryout videos

Make sure they are in the correct order

- Attachment of picture of cheer candidate - The picture is used for judges to identify candidates
- Application
- Consent and Acknowledgement Form
- Medical insurance information & release
- \$25 tryout fee <https://secureinstantpayments.com/sip/cart/event.php?EID=752#Approve>

## ELIGIBILITY

- Candidates and one parent/guardian must view Parent tryout video
- Candidates must have required documents signed by a parent/guardian in order to participate.
- Candidates must be in good health and must work to maintain good health in order to cheer. If there are injuries that will keep the athletes from performing abilities, consider your tryout.
- Candidates must abide to the Summit Academy Cheer honor code (later in the packet)
- Candidates must be committed. (**There will be a \$5 charge for missed competition practices starting in August.**)

## SQUADS

This year (dependent on numbers that tryout) we will have 4-5 teams divided up according to grade and skill. The teams will look as follows:

Grades 6<sup>h</sup>-8<sup>th</sup> grade – (May split depending on the number of tryouts and skill level)

Grade 4<sup>th</sup>-5<sup>th</sup> grade

Grades 2<sup>nd</sup>-3<sup>rd</sup> grade

Grade K-1<sup>st</sup> grade

Teams will be coached by SAHS cheerleaders and supported by staff and parents

## COMMITMENT

Participating in cheerleading is an exciting and fun experience. However, it requires time and commitment by all members, not only during the school year but the summer as well. If you are going to participate on the cheer squad it is important to know that cheer needs to be made a priority. Cheerleading is a team sport. If there is just one person missing from practice it prevents the whole team from being able to progress.

# Summit Academy Jr. Cheer Application

Name \_\_\_\_\_ School attending this year \_\_\_\_\_

Grade School Year (2020): \_\_\_\_\_ Cheerleader Cell Phone (if any)# \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Parent Email(s) that you would like to receive updates for account, team information etc through the year:

\_\_\_\_\_

Parent's Phone #1 Cell: \_\_\_\_\_ #2 Cell: \_\_\_\_\_

If any, what is your cheer experience?

\_\_\_\_\_

Health problems/physical limitations or previous injury's?

\_\_\_\_\_

How (or who) did you hear about our cheer program? \_\_\_\_\_

**\*\*SUMMIT CHEER COACHES ONLY\*\***

\_\_\_\_ Application filled out correctly

\_\_\_\_ Picture attached

\_\_\_\_ Consent and Acknowledgement Form

\_\_\_\_ Medical insurance information & release

\_\_\_\_ \$25 tryout fee

## FINANCIAL COMMITMENT/FUNDRAISERS

-The cost for cheerleader is below. We will have a select small fundraising opportunities that will help offset the costs. Please keep track of all payments, so all money can be accounted for. The first payment of \$220-260 is due May 11th at our fitting. The last payment must be made before August 1<sup>st</sup> (except competitions fees)

<b>2020 Summit Academy Junior Cheer Cost</b>			
<i>ITEM</i>	<i>K-5th</i>	<i>6th-8th</i>	<i>Description</i>
TRYOUT FEE	\$25.00	\$25.00	
UNIFORM	\$180.00	\$180.00	
NAVY SPANKIES	\$15.00	\$15.00	Navy high waisted (Same as 2019)
LINER	Included	Included	Navy liner sleeve worn under uniform top- (Same as 2019 )
GREY SPANKIES (6th-8th)	-	\$15.00	
WHITE TEE (6th-8th)	-	\$20.00	
SHOES	\$40.00	\$40.00	White Cheer Shoes
WARMUPS	\$130.00	\$135.00	Jacket - Grey zip up with navy/white letters. Cheerleaders name on left chest / "SA" on back / Summit Cheer down the arm PANT- Grey soccer pants with name in navy on left hip
SUMMIT TANK	\$25.00	\$25.00	All teams - Navy tank "Summit Cheer" / 6th-8th White Tee "Summit Junior Cheer" on front with grey spankies
PINK TEE	\$10.00	\$11.00	For August Parade
GAME BOW	\$5.00	\$5.00	
COMP BOW	\$15.00	\$15.00	
POMS	\$15.00	\$20.00	K-3rd - 4 inch finger hold poms / 4th-8th - 6 inch poms
PICTURES	\$20.00	\$20.00	Terry Cullop (to take place in the fall)
COACHES FEE	\$50.00	\$50.00	Must be paid in cash for disperse to coaches
GYM RENTAL	-	\$49.00	
COMPETITION FEES (tentative)	\$45.00	\$65.00	Must be paid in cash - dependent on competitions available and prices
CHEER CAMP	\$50.00	\$60.00	Spirit Wear and Fun fund – cash
BAG \$41	(optional)	(optional)	Same bag as 2019, different logo. Summit Cheer on back with cheerleaders name
	<b>\$625.00</b>	<b>\$750.00</b>	
<b>Male cheerleader uniform \$110. All other cost will be the same minus poms and bows.</b>			

# 2020 Summit Academy Junior Payment Schedule

<i>DATE DUE</i>	<i>ITEM</i>	<i>COST</i>	<i>REQUIRED PAYMENT</i>	<i>PAID (personal record)</i>
May 14th	Tryout fee	\$25 (receipt emailed with tryout packet)	Card	
June 1st	Warmups, gear, shoes poms, optional bag	220-\$261	Card	
June 1st	Uniform	\$110-180	Card	
Aug 17-21st	Camp fee, coaches fee, gym fee	\$100-\$150	Cash only	
August 24-26th	Competition Fees	\$45-65 (once we know which competitions there are this season)	Cash only	
(Aug-Oct) TBA	Pictures	\$20	Cash or Check	

*All items must be paid prior to distribution*

## TENTATIVE SCHEDULE

MAY	
MAY 25 <sup>th</sup> – Virtual Uniform Fitting	MAY 25 <sup>th</sup> – 29 <sup>th</sup> – Gear Fitting
Links and instructions send out later. Login anytime on the 25 <sup>th</sup> to put in sizing and measurements	Go and try on gear sizes at: Empire Active 421 W 12300 S, Draper, UT 84020 during the week. They are open 10:00-5:00pm (their times do change, so double check before you go)

THIS WILL VARY DEPENDING ON RULES!! We will figure it out as things go on. JUNE				
JUNE 1	JUNE 8	JUNE 15	JUNE 22	JUNE 29
K- 1 <sup>st</sup> TBA	K- 1 <sup>st</sup> TBA	K- 1 <sup>st</sup> TBA	K- 1 <sup>st</sup> TBA	K- 1 <sup>st</sup> TBA
2 <sup>nd</sup> -3 <sup>rd</sup> TBA	2 <sup>nd</sup> -3 <sup>rd</sup> TBA	2 <sup>nd</sup> -3 <sup>rd</sup> TBA	2 <sup>nd</sup> -3 <sup>rd</sup> TBA	2 <sup>nd</sup> -3 <sup>rd</sup> TBA
4 <sup>th</sup> -5 <sup>th</sup> TBA	4 <sup>th</sup> -5 <sup>th</sup> TBA	4 <sup>th</sup> -5 <sup>th</sup> TBA	4 <sup>th</sup> -5 <sup>th</sup> TBA	4 <sup>th</sup> -5 <sup>th</sup> TBA
6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00	6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00	6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00	6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00	6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00

**JUNE \*OPTIONAL\* YMCA charity performance event (May be cancelled)**

JUNE 9	JUNE 10	JUNE 11
All grades (plus high school) 10:00-12:00am	All grades (plus high school) 10:00-12:00am	Performance at YMCA in SLC Event: 5:30-8:00pm

**JULY – CHEER CAMP**

PRACTICES WILL BE HELD AT A CHEER GYM, NOT SAHS (ADDRESS TBA)

JULY 6-10	JULY MONDAYS	JULY WEDNESDAYS
<b>CAMP WEEK! (CANNOT MISS!)</b> K-1 <sup>st</sup> TBA 2 <sup>nd</sup> -3 <sup>rd</sup> TBA 4 <sup>th</sup> -5 <sup>th</sup> TBA 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm	13 <sup>th</sup> 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm  20 <sup>th</sup> 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm  27 <sup>th</sup> 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm	15 <sup>th</sup> 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm  22 <sup>nd</sup> 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm  29 <sup>th</sup> 6 <sup>th</sup> -8 <sup>th</sup> 4:00-6:00pm

**AUGUST**

AUGUST 10 <sup>th</sup> -12 <sup>th</sup>	AUGUST 14 <sup>th</sup>	AUGUST 15 <sup>th</sup>
Mini Cheer Clinic (All teams) 12:00-2:00pm	Half time performance @ SAHS football game 7:00-8:00pm	Bluffdale Parade 8:00-10:00 am

**SCHOOL YEAR PRACTICE (starting August 24– 26<sup>t</sup>)**

MONDAY'S	TUESDAYS	WEDNESDAYS
6 <sup>th</sup> -8 <sup>th</sup> -6:00-8:00pm Practice every Monday	K-1 <sup>st</sup> 4:00-5:30pm 2 <sup>nd</sup> -3 <sup>rd</sup> 5:15-6:45 4 <sup>th</sup> -5 <sup>th</sup> 6:00-8:00	6 <sup>th</sup> -8 <sup>th</sup> -6:00-8:00pm Practice every Wednesday

Starting in August-October, all teams will rotate through Saturday practices. More details TBA

-Football Games start in August and will go through beginning of November (If we don't make it to finals, the last game will be in October)

-Basketball games will be home games in November/December for grades 6<sup>th</sup>-8<sup>th</sup>

-Local Competitions dates are pending but will start in October (We will do 1-4 competitions depending on team). Most competitions are on Saturdays in October

Final performance – December 3<sup>rd</sup>

## SUMMIT ACADEMY JR. CHEER CONSITITION

Summit Academy Jr. Cheer team members should demonstrate high standards, good sportsmanship and promote the development of good character. All team members are expected to carry themselves in a manner which brings pride to their school and team. Cheerleading is a privilege and it's important that cheerleaders and their parents be aware of the necessary rules, expectations, and goals it takes to be a Summit Academy Cheerleader.

1) **PURPOSE** The PRIMARY FUNCTION of the cheerleading squad is to grow as an athlete and person, support interscholastic athletics and to promote school spirit in a positive way. The Jr Cheer team will cheer for Summit Academy Jr. High Football and select teams will cheer for Basketball. The Jr Cheer team will also participate in local cheerleading competitions.

2) **RESPECT** Cheerleaders will be expected to respect coaches, teammates and competitors at all times. Team members are also required to respect all religions, races, disabilities and backgrounds. There will be no swearing, obscene gestures, and inappropriate behavior at any cheerleading activities or while representing the cheer squad. Cheerleaders (if applicable) will be required to follow all cheer accounts so their social media can be monitored. A high level of respect and class on all social media sites must be maintained at all times. Bullying (cyber or otherwise), any sign of drug use or sexual behavior is not allowed on social media and will result in immediate dismissal! Cheerleaders will be positive leaders, set good examples, display a positive attitude and work to develop a sense of pride at all times.

3) **EFFORT/TUMBLING/STUNTING** Cheerleaders will engage in cheering, dancing, tumbling, and stunting while on the squad. The Summit Academy cheer squad adopts and executes a comprehensive safety program including conditioning and effective-spotting techniques. We expect each cheerleader to do their part and work their hardest. Coaches will place cheerleaders (especially when it comes to stunting) in the place where it will be the safest and most effective for the team.

4) **ABSENCES/TARDIES** Excused absences consist of: extreme illness, death or funeral, weddings or school excused activity. If a cheerleader is sick and cannot attend to practices/games the cheerleader and their parents must inform their coach as soon as possible. Doctors' appointments need to be scheduled around practices and games. Cheerleaders need to strive to be on time to events, practices and games. Each time a cheerleader is absent during competition season, it will result in a **\$5 fee**. Fees from the previous month must be paid on or before the 1<sup>st</sup> practice of the month. The cheerleader will not be able to practice or perform until the fees are paid. If cheerleaders miss too many practices before competitions, they may be removed from the routine.

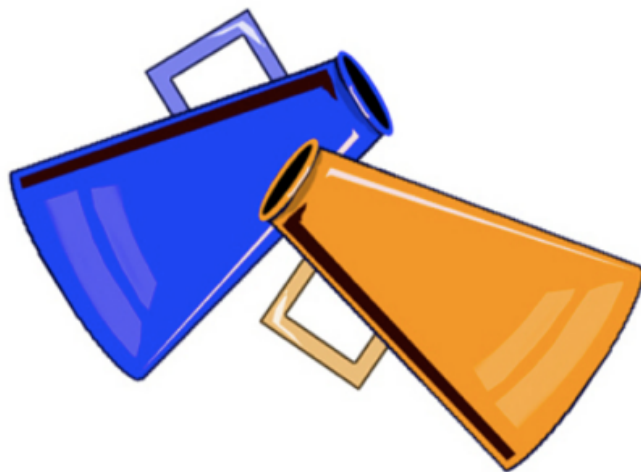
4) **GRADES** Bear Team cheerleaders grades will need to be sent the week of any game or competition. Grades are to be sent to coaches from cheer parents. No cheerleader can perform or cheer if there are any F's on grade reports.

#### 5) **PRACTICES/GAMES/ATTIRE**

All practices/games will be set on a monthly calendar and will be available anytime to view on our website. [summitacademyjuniorcheer.weebly.com](http://summitacademyjuniorcheer.weebly.com) Cheerleaders must come to practices wearing the assigned cheer outfit, with hair up, lace up shoes on and **no jewelry** or long nails. All practice and game attire will be determined on calendars. All parents must check the calendar. No bra straps should be showing. Socks must be white ankle socks and athletes must wear navy spankies.

6) **FINANCIAL COMMITMENT** Each cheerleader will be responsible for expenses for being selected for the cheerleading squad. There will be fundraisers to help offset the costs. These expenses (approximate) will be around \$600-800 (depending on team).

\*If a cheerleader is dismissed from cheer or quits, no cost will be refunded and the remaining balance on the account must be paid in full.





# Consent and Acknowledgement Form

My child, \_\_\_\_\_, has my permission to be on the cheerleading/stunt team at Summit Academy. I understand that he/she must abide by the rules and regulations set forth on the Summit Academy Jr Cheer constitution. I understand, if chosen, my child will be required to attend all safety/stunt camps, practice, games and competitions. If a cheerleader is dismissed from cheer or quits, no cost will be refunded and the remaining balance on the account must be paid in full.

\*I understand by the very nature of the activity, cheerleading and stunting carry a risk of physical injury. No matter how careful the participant and coach are, or what landing surface is used, the risk cannot be totally eliminated. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and will not hold Summit Academy High School or any of its personnel responsible in the case of accident or injury at any time.

Parent/Guardian Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I am interested in being on the cheerleading team at Summit Academy. I understand the risks stated above. I promise to abide by the 2020 Summit Academy Jr. Cheer Constitution and rules set forth by the coach(es) .

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Medical Insurance Information and Release

Cheerleader name \_\_\_\_\_

Parent/Guardian name \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Cell \_\_\_\_\_

Contact person in case of emergency \_\_\_\_\_

Phone number \_\_\_\_\_

Personal physician \_\_\_\_\_

Phone number \_\_\_\_\_

List any previous injuries, illnesses, current medications and any allergies:

To my knowledge my son/daughter, \_\_\_\_\_, is physically, mentally, and emotionally fit to participate in all activities associated with cheerleading.

I, the parent/guardian of \_\_\_\_\_, give permission for emergency medical treatment of my child if I cannot first be contacted.

Parent or guardian signature \_\_\_\_\_ date \_\_\_\_\_

## Medical insurance information

Name of policy holder \_\_\_\_\_

Insurance Company and phone # \_\_\_\_\_

Policy number \_\_\_\_\_